FEBRUARY 2019

the sounder

St. Andrew's Episcopal Church, Morehead City, NC.

www.StAndrewsMHC.org



Living the Way of Love

The Reverend Dr. John B. Pollock, Rector

he first words from the Gospel of John, which is the reading for Christmas Day, are some of the most powerful words ever uttered.

"God became flesh and lived among us."

It is a most astounding thing to claim that God, the Creator, became one of us, the created. And yet, this is how much God loves us and desires to be in a relationship with us. It is the courageous act of God to go so far to be in community with us. Heaven and earth embrace and the Word of God, who spoke creation into existence, is heard in a baby's cry.

We are now in the midst of the Season of Epiphany; lesser known than Christmas with its Twelve Days, or Lent's Forty Days. Epiphany is the season of letting the Light of Jesus shine. Most people think of "having an epiphany" as suddenly understanding something new, but for Christians, Epiphany is something lived out loud. Epiphany is the celebration of how Jesus shows up in our lives and in our world. Jesus is the Light of

the world and we are called to bear that Light in our lives. How can we do that? By living the *Way of Love* that Jesus showed us. By, first, loving God with all our heart, our mind, our strength, and our soul; and by also loving our neighbor as ourselves. The *Way of Love* is the way of Jesus. It is reaching across lines to include the outcast, to forgive, to care for others, to help those in need, and to care for the natural resources of our planet. To live Epiphany is the *Way of Love*.

Last Sunday, I had the pleasure of sitting in on the Junior EYC. What a great group of young people! The Junior EYC have just begun a study series on developing practices for a Jesus-Centered Life. This series is based on what our Presiding Bishop, Michael Curry has been calling us to in The Episcopal Church. You may recall Bishop Curry's sermon at the wedding of Prince Harry and Megan Markle. Bishop Curry expressed a lot of the Way of Love in that sermon. Afterward, he was even invited on several news shows to talk about his message. It's not a new message. In his interview on The View, Bishop Curry said that the power of love is not a new thing. It is what Jesus of Nazareth was talking about all along. The Way of Love can change the world. In fact, it is the only thing that will change the world.

The Junior EYC is going a bit deeper in what it means to live a life shaped by the *Way of Love*. There are seven practices that can help us go deeper in living a life shaped by the *Way of Love*, they can be used as a daily practice that helps us put Jesus as our center and to put into practice the *Way of Love*. Thanks to our youth and Lori Beth Sanborn for sharing this with me! I was so inspired by it that I have even ordered copies of a Lenten Devotional Book that is based on this concept and the seven practices. This book is called Living the Way of Love: A 40-Day Devotional by Mary Bea Sullivan. It looks like it may be a really good congregational Lenten Devotion and I can also foresee small groups sharing with one another how God is working in our lives. The *Way of Love* is who we should strive to be.

The Way of Love Seven Practices:

1. Turn:

Pause, Listen and Choose to follow Jesus

2. Learn:

Reflect on Scripture each day, especially on Jesus' life and teachings.

3. Pray:

Dwell intentionally with God each day.

4. Worship:

Gather in Community weekly to thank, praise, and dwell with God.

5. Bless:

Share your faith and unselfishly give and serve.

6. Go:

Cross boundaries, listen deeply, and live like Jesus.

7. Rest:

Receive the gift of God's grace, peace, and restoration.

Source: https://www.episcopalchurch.org/way-of-love

A Note of Gratitude for John & Donna Gaskill

The Reverend Dr. John B. Pollock, Rector

I would like to take the opportunity to express my deep gratitude to both John and Donna Gaskill, each for their gift of love here with us at St. Andrew's. As you have undoubtably heard, Deacon John and Donna are moving to New Bern, and John is retiring from his vocation as a deacon with us. Fifteen years ago, Bishop Daniel assigned Deacon John to serve at St. Andrew's. We were lucky and fortunate and blessed. Deacons serve at the direction of the bishop; and John was assigned to us. He was totally a volunteer, and his diaconal ministry was/ is to help those suffering with persistent and chronic mental illness and their families. The deacon role is solely to constantly post us to the needs of the world. The deacon reminds us to be the hands, and heart of Jesus to those in need, especially the most vulnerable. Deacon John was faithful in this ministry of service to us. An equal blessing over these years has been Donna. She has served in so many ways... Parish Secretary, Clerk of the Vestry, Treasurer, Thrift Shop Volunteer and many many more. Too many to name here. I am sad to see them leave St. Andrew's. They have been such a bright light of the Way of Love here! They won't be too far away... New Bern is pretty close, and I'm grateful for that. I'm sure we will see them around. Deacon John's last Sunday with us is February 10th. There is a special Reception for them following the 10 AM service. Because John and Donna have been a part of our life as a parish, we have been changed for the good.

A Heartfelt Thanks from Jack Simpson

Dear St. Andrew's Family,

I can't do a card to each person who helped me get moved into my handicap home, and the many transportation needs... But I do thank you all from the bottom of my heart. It would have been impossible without you!

Our Church Family is a wonderful Christ-like group, to whom I am forever grateful. I am looking forward to starting prosthetic work any time. I must learn to walk again!

In Christ's Love,

Jack Simpson



A Chorister's Evening at Hogwarts

Matthew Hill. Director of Music

Wow, what a terrific kickoff! For those of you who missed out on the kickoff of our new Chorister Program called the St. Andrew's Choir School, it started off with an incredibly successful bang. I am more than pleased with how the event turned out, the excitement of the new choristers, and the trajectory of our new program.

The idea of a Harry Potter themed event began brewing in my head just after Halloween when I'd heard that quite a few of the kids from St. Andrew's had dressed up as characters from the series for the holiday. Honestly, when I first heard that, I was a bit shocked. Considering the first book in the series was published almost 22 years ago, I would have thought that some of the appeal would have died down by now. Boy, was I wrong! Funnily enough, Fr. John expressed the same sentiment when I first mentioned the idea to him. So, after chatting with a few of the parents and kids, our Children's and Youth Coordinator Debbie Butcher, a few outside sources, and Fr. John, we decided to run with the idea of having the Choristers first be introduced to the new program at a themed event.

Debbie and I began brainstorming before Christmas and the ideas began flowing. At the beginning of January, the ideas began to solidify and we started putting the plans into action. For those of you who have read the first book (or, God forbid, only seen the first movie!) you'll recognize the flow of the event. The new choristers were mailed hand addressed invitation letters on parchment paper inviting them to participate in the event. For those who haven't done it before, hand addressing



43 individual letters in cursive script (I haven't used in YEARS) is incredibly time consuming!

On the day of the event, the youth arrived to a decorated church and were greeted at the door by our secretary, Cheri Collins, where, after signing the Chorister Registry with a quill, they received an embossed ticket (think Hogwarts Express train ticket) which allowed them passage through a series of decorated stations along the hallway from the back door of the offices to the parish hall. The first stop down Diagon Alley, I mean, the hallway, was at the Flourish & Blotts Bookstore, held in the the Men's Choir Room, where they received their music supplies: a black folder, music, workbook, and a pencil. After getting a signature on their ticket from the store clerk, John Bane, the Choristers moved down to the next store, Madam Malkin's Robes for All Occasions. This store, operated by the inimitable Lela Faye Rich in the Women's Choir Room, is where each Chorister received their new choir cassock, which they wore for the rest of the event. The cassock is the colored part of the robe. Later, the Choristers will receive their surplice (the white overlay) when they have completed a series of requirements allowing them to become Full Choristers.

Already, this was quite the show for the new Choristers, but we had plenty more in store for them. After leaving with their supplies and robe, two of our parishioners, Emily Roderick and Celia Bane, shepherded the Choristers past *Knockturn Alley*, which, in this case, was the dimly lit, dungeon-like entrance to our basement. Like *Knockturn Alley* in the books, this area

is a scary and dangerous area for most people in our church. Luckily, at the hands of good shepherds, the Choristers were ushered into the *Chorister's Chamber of Secrets*. Cheri Collins joked that we should have the entrance to the Chamber of Secrets as a toilet just like in the books and movies. If I'm honest, I loved the idea (and I'm sure the choristers would have too!) but couldn't figure out how to do that in a safe or sanitary fashion! So, we opted for having the *Chorister's Chamber of Secrets* in the parlor. Here the choristers had their first rehearsal and had the chance to talk about our program.

Now, as many of you have already heard, the choristers will have dinner each week after rehearsal. So, in keeping with the theme of the night, the choristers were then led from the parlor into the parish hall for a Beginning-of-Term Feast. The parish hall is where most of the decorating magic had happened. The hall was set with large chairs and tables on the stage for the adults who were acting as *Hogwarts* professors. Down the center of the room was a long table set for a truly English dinner of roast beef and mushroom gravy, mashed potatoes, savory pumpkin pasties, and, for dessert, mini treacle tarts. Special thanks to Chefs Alex Russell and Tad Whitaker for making such an amazing meal! The room was adorned with the glow of at least 50 candles, windows dressed in black fabric, as well as items that could be found in the Harry Potter universe. The feast kicked off with a short speech after which the candles on the table lit as if by magic. It's amazing the things we can do with technology! After about half an hour of feasting, the new choristers returned their robes and supplies, and were escorted back to reality and their parents in the parking lot.

In the coming weeks as we shift away from the Harry Potter theme, the choristers will be participating in the Royal School of Church Music (RSCM) curriculum called Voice for Life. The RSCM is an international, ecumenical organization, Anglican in origin and based in the United Kingdom, that has a mission of promoting "the study, practice, and improvement of music in worship." Choristers will learn music theory and history, healthy, age-appropriate vocal technique, church history, liturgical practice, and how to be effective worship leaders. Through training, a series of workbooks, and tests, the curriculum gives the choristers a chance to earn various ribbons and medals to be worn with their choir vestments. Additionally, there are various summer camps each year, two of which are in North Carolina, that give choristers a chance to meet other choristers from around the country and work with experts in the church music field.

Moving forward, the choristers will fully participate in services at least monthly. Rather than be a stand-alone choir, the choristers will be integrated into the St. Andrew's Choir as part of the soprano section. By doing this, we are creating continuity in our overall music program. The choristers are, essentially, an extension of our one St. Andrew's Choir. By participating as a part of the St. Andrew's Choir, the choristers are learning to become worship leaders with integrity.

Now, even if you aren't of chorister age, there are ways you, too, can participate in the program. We are always in need of support... no, I'm not giving a plea for money (although who would turn that down, right?)! Volunteers are always needed to help with the chorister meals, to serve as "choir parents" who help supervise the choristers at rehearsals and services, and with general promotion of our program. If you're interested in helping, please make sure to contact me at any time for more

information. Our program is already showing signs of success and choristers are excited about the work they're doing. I'm looking forward to seeing where this program goes and how it develops. We are at the start of something good and I know you'll enjoy the fruits of our labor. In closing, I want to leave you with a wonderful quote from the character Albus Dumbledore as written by J.K. Rowling in her book *Harry Potter and the Sorcerer's Stone*: "Ah, music," he said, wiping his eyes. "A magic beyond all we do here!"



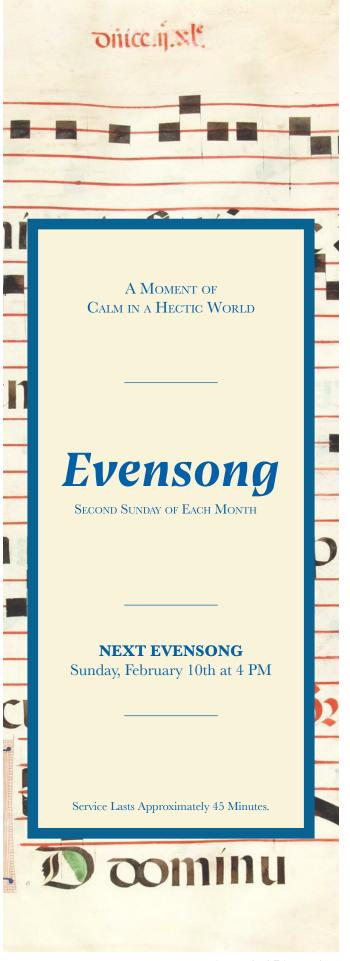
Welcoming Newcomers

Rob Darden, Vestry Liaison for Evangelism

At St. Andrew's, we are a family. I consistently see our members looking out for each other and our community just as a family would and the amount of support given to those in need is amazing.

I thought about trying to name some of the people who go out of their way to help others, but I quickly realized that there are just too many to name!

Though, as with all aspects of life, sometimes changing circumstances cause us to lose members of the parish. These losses leave a hole in the fabric of our family and are difficult to fill. Fortunately, we continue to gain new members, and these people, too, become an important part of our family. In order to keep our family growing, we need to continually make a concerted effort to warmly welcome newcomers. While the Vestry is tasked with keeping evangelism a priority, sometimes people slip through the cracks. There are many ways we can welcome visitors; greeting visitors when they arrive at a service and also welcoming visitors to join us for fellowship after services in the parish hall are just two simple things we can do. You can also encourage a visitor to fill out a pew card so that they can be contacted by Fr. John. One thing discussed by the Vestry is having the Vestry Person-of-the-Day greet visitors as they leave each service and the logistics of this are still being organized. We should all strive to make sure to welcome all people who come to St. Andrew's.



February Schedule

FRIDAY 1ST

NA - 8:00pm

SATURDAY 2nd

Faith In-Deed - 9:30am

NA - 8:00pm

SUNDAY 3rd

4th Sunday After Epiphany

Holy Eucharist - 8:00am & 10:00am

Adult Sunday School - 9:00am

Children's Sermon - 10:00am

Junior EYC - 5:00pm

MONDAY 4th

EfM - 6:00pm

Adult Bible Study - 6:30pm

TUESDAY 5th

NAMI - 7:00pm

WEDNESDAY 6th

Bible Study - 11:00am

Holy Eucharist - 12:15pm

Youth Choir - 4:00pm

Holy Eucharist – 5:30pm

Adult Choir - 6:30pm

THURSDAY 7th

Diocesan Convention

AA - 6:00pm

FRIDAY 8th

Diocesan Convention

NA - 8:00pm

SATURDAY 9^{th}

Diocesan Convention

NA - 8:00pm

SUNDAY 10th

5th Sunday After Epiphany

Holy Eucharist - 8:00am & 10:00am

Adult Sunday School - 9:00am

Children's Chapel - 10:00am

Gaskill's Going Away Reception - 11:00am

Evensong – 4:00pm

MONDAY 11th

EfM - *6:00pm*

Adult Bible Study - 6:30pm

TUESDAY 12th

Welcome Committee - 5:00pm

Parish Life Committee – 5:00pm

Sierra Club – 6:30pm

First Responders' Group – 7:00pm

WEDNESDAY 13th

Bible Study – 11:00am

Holy Eucharist - 12:15pm

Youth Choir - 4:00pm

Holy Eucharist – 5:30pm

Adult Choir - 6:30pm

THURSDAY 14th

Centering Prayer – 5:15pm

AA - 6:00pm

FRIDAY 15th

NA – *8:00pm*

SATURDAY 16th

Music Therapy Group – 10:00am

NA - 8:00pm

SUNDAY 17th

6th Sunday After Epiphany

Holy Eucharist - 8:00am & 10:00am

Adult Sunday School - 9:00am

Children's Chapel – 10:00am

Senior EYC "Yarn Yearners" - 11:00am

Junior EYC - *5:00pm*

MONDAY 18th

EfM - *6:00pm*

Adult Bible Study – 6:30pm

TUESDAY 19th

Stewardship of the Earth Committee – 5:30pm

NAMI – *7:00pm*

WEDNESDAY 20th

Bible Study – 11:00am

Holy Eucharist - 12:15pm

Staff Meeting – 2:30pm

Youth Choir - 4:00pm

Holy Eucharist – 5:30pm

Parish Supper – 6:00pm

Adult Choir - 7:15pm

THURSDAY 21st

Vestry Meeting – 6:00pm

AA - 6:00pm

FRIDAY 22nd

NA – *8:00pm*

SATURDAY 23rd

NA - 8:00pm

SUNDAY 24th

7th Sunday After Epiphany

Holy Eucharist - 8:00am & 10:00am

Adult Sunday School – 9:00am

Children's Chapel - 10:00am

Senior EYC "Yarn Yearners" - 11:00am

Junior EYC - *5:00pm*

MONDAY 25th

EfM - 6:00pm

Adult Bible Study – 6:30pm

TUESDAY 26th

WEDNESDAY 27th

Bible Study - 11:00am

Holy Eucharist – 12:15pm

Youth Choir – **4:00pm**

Holy Eucharist – 5:30pm

Adult Choir – **6:30pm**

THURSDAY 28th

Centering Prayer – 5:15pm

AA - 6:00pm

SUPPORT GROUPS:

NA meets each Fri. & Sat. - 8pm (Upstairs)

AA meets each Thurs. – 6pm (Parish Hall)

NAMI meets 1st, 3rd & 5th Tues. – 7pm (Parlor)

Service Participation Schedule

	SUNDAY 3 th	SUNDAY 10th	SUNDAY 17 th	SUNDAY 24th
Vestry	Don Westbrook	Tad Whitaker	Sally Worrell	Rob Darden
Lector (8:00am)	Iris Odell	Kathy Moorehead	Kit Williamson	Fred Odell
Lay Reader (8:00am)	NIA	NIA	Kit Williamson	Iris Odell
Lay Reader	Sarah Mullikin	Alex Russell	Melodie Darden	Rob Darden
Chalicist	Jo Anne Kilday	Sherry Barnes	Jon Covert	Jackie Davis
Lectors	Charles Pringle Hannah Grace Ruiz	Christy Willis Katie Brown	Diane Warrender Bennett Sanborn	Jackie Davis Ariana Dominguez
LEV	Judy Rochelle Phil Gerolstein	NIA	Kim Livingston Kit Williamson Charles Pringle	NIA
Acolytes	Frances Boone Ariana Dominguez Jorge Dominguez	Mary Neal Rowland Jack Woodard	Payton Covert Noah Sanborn	Bennett Sanborn Caroline Beaver
Ushers	Team I	Team II	Team III	Team IV
Altar Guild	Mial Woodard Sarah Mullikin	Joyce Livengood Willa Dickens Patty Owen	Karen Westbrook Luellen Hardee	Melodie Darden Joan Sabiston Kathy Davis
Altar Flowers	-	Cheri Collins	Jane Conneely	_
Flower Ministry	Andrea O'Connell Mial Woodard	Joyce Livengood	Luellen Hardee	Melodie Darden
Coffee Hour Host	Sarah Wilson Emily Roderick	Gaskill's Reception	-	Sherry Barnes
Children's Chapel	-	Debbie Butcher	Debbie Butcher	Debbie Butcher

Monthly

Annoucements

Parish Life Committee

Sally Worrell, Vestry Liaison for Pastoral Care and Parish Life

On **Sunday, February 10**, after the 10 AM service, there will be a special farewell reception in the parish hall honoring Deacon John and Donna Gaskill's wonderful lives here at St. Andrew's.

Volunteers for the Sunday social hour are needed on the following Sundays: **February 17th.** You may sign up in the parish hall and your help is greatly appreciated.

This month's Wednesday parish dinner will be held on **February 20th** at 6 PM. Chef Tad is planning a wonderful meal. Don't miss out!

If you have one white, rectangular tablecloth, please bring it to the church.

We are thankful for the Thrift Shop's donation of 20 glasses to our church kitchen

Martha's Mission Cupboard

The Outreach Committee

Donation item(s) of the month:

LARGE-SIZED LAUNDRY DETERGENT (which is very much needed as per the friendly folks at Martha's Mission)! Thank you for your generous donations!

Music at St. Andrew's

Matthew Hill, Director of Music

Youth Choirs:

Each week, the new Youth Choir will have dinner at the end of their rehearsal. If you are interested in preparing and serving a meal, please contact Matt Hill at: charlesmatthewhill@gmail.com or by calling the church office.

Choir Recruitment:

Our choir is always looking for new members! While we always need members in each section, we are in great need of altos. We know many of you are worried that you aren't qualified, but you do not need to be an expert musician to join!

Paper Hugs

Sally & Gale

The latest form of Paper Hugs was an amaryllis. The bulbs were given to several people as Christmas gifts and the receivers reported joy at watching the measurable growth every day until beautiful blooms appeared. Every day they could mark the growth and handle with care with beautiful color during January. Thanks Amaryllis!

Submission Deadline

If you would like to submit an article or place an announcement in The Sounder, the deadline for submission is **Monday, February 18th.** Articles and announcements may be sent to Cheri Collins, the parish secretary, **via email. standrewsadmin@bizec.rr.com**

EYC News

Debbie Butcher, Coord. for Children and Youth Ministry

Junior EYC:

Junior EYC will be meeting on **Saturday, February 2nd** for the Faith In-Deed Service Project and on **Sunday February 3rd, 17th,** and **24th.** Lori Beth and the youth will be exploring Bishop Curry's charge to be the Jesus Movement. On **February 24th,** Senior EYC will visit to promote participation in youth events in the Diocese.

Thank you to Cheri Collins, Mindy Warren, and Sarah Wilson for providing meals for us!

Senior EYC:

Senior EYC Youth will attend the Diocesan Convention in Wilmington on **February 7-9.** Hannah Grace Ruiz will serve as a Youth Delegate, Pauline Lind will serve as a Page, and Margarita Bowers-Young will serve as a Delegate from St. Andrew's. Please keep these girls in your prayers as they participate in this leadership ministry.

Beginning Sunday, **February 17th**, Senior Youth will begin a service project they call "Yarn Yearners". Most Sundays, following the 10am service, we will meet to learn to knit and make prayer blankets for those in need and then share a meal. We are thankful to Debbie Thompson for teaching us to knit and sharing her gift with us. Sarah Wilson will also serve as a co-leader. We are excited about this project!

(This is an unusual time for an EYC gathering. Our youth are very busy with academics, extra-curricular and family activities. This is the reality for youth in the times we live in now. They recognize the importance of the church in their lives and decided together that this is a good time to be in Christian community with each other. I believe that we must meet children and families where they are and promote Christian Formation activities that support them in their busy lives. This is a good example. Look for more "outside the box" activities in the future!)

Children's Chapel

Children's Chapel activities in February will focus on God's love for all creation. I will be incorporating some aspects of a Christian curriculum called "Godly Play". Please feel free to join us any Sunday for Children's Chapel.

Episcopal Relief & Development Meditations for Lent

This year Episcopal Relief and Development is celebrating the 15th anniversary of providing a collection of meditations for the Season of Lent. The purpose of the meditations is "to encourage readers to actively seek the holy every day during Lent by reflecting on God's call, their own lives and how they can live out their baptismal covenant by healing a hurting world." Reading and reflecting on these daily meditations can be part of your Lenten discipline.

The meditations are available via email for daily delivery beginning on March 6, Ash Wednesday. To subscribe, log on to **www.episcopalrelief.org/Lent**. Below the photo on the page, there is a purple button "Subscribe to Lenten Meditations Daily emails." Click the button and then provide your name and email address.

Average Attendance

Sunday 8:00am:	18
Sunday 10:00am:	79
Sunday Total:	97
Wednesday 12:15pm:	7
Wednesday 5:30pm:	4
Wednesday Total:	11

St. Andrew's Thrift Shop

1107 Arendell Street, Morehead City, NC 2855

Telephone: 252-726-4747

Office Hours: Tuesday, Thursday, & Saturday 10AM — 4PM

Like St. Andrew's Thrift Shop on Facebook!



Join Us for Worship

Sunday Schedule

08:00 AM | Rite I Eucharist Service
 09:00 AM | Adult Sunday School
 10:00 AM | Rite II Eucharist Service/Children's Chapel (Nursery Available)
 10:00 AM | Children's Sermon the 1st Sunday of Each Month
 04:00 PM | Evensong the 2nd Sunday of Each Month

Wednesday Schedule

11:00 AM | Bible Study

12:15 PM Rite I Eucharist Service
05:30 PM Healing Eucharist

+ All Are Welcome +

A Parish of the Diocese of East Carolina

The Rt. Rev. Robert Skirving, Bishop

2005 Arendell Street, Morehead City, NC 28557 **Telephone:** 252-727-9093; **Fax:** 252-726-2807 **Email:** standrewsadmin@bizec.rr.com

Office Hours: Monday - Thursday 9AM - 3PM, Friday - Office Closed

Like St. Andrew's Episcopal Church, Morehead City, NC on Facebook. Follow Father John on Twitter @ JohnBPollock Happy Birthday!

Angella Noll 5 Kathy Russell Kayleigh Heden Susan Langdon Mike Ragsdale Rachel McGee 9 10 Vandy Cannon 13 Shirley Gambrell Matt Hill Judy Campbell 15 Chad Beaver Bill Wilkerson 16 Paul Blake IV 22 Drew Jones Tod Selby 24 Sammy Guthrie Christopher Mann

Staff & Clergy

Rector - Rev. Dr. John B. Pollock

Deacon - Rev. Deacon John J. Gaskill, Jr.

Music Director - Matt Hill

Children & Youth Ministry - Debbie Butcher

Treasurer – Donna Gaskill

Sexton - Vacant

Parish Secretary - Cheri Collins

The Vestry 2019

Sr. Warden/Communications - Don Westbrook

Jr. Warden/Buildings & Grounds - Ron Hardee

Christian Formation - Tad Whitaker

Evangelism – Rob Darden

Worship – Willa Dickens

Finance & Administration - Tommy Sutton

Stewardship - Ashe Exum

Pastoral Care & Parish Life - Sally Worrell

Outreach - Dorothy Raney

Clerk - Christy Willis